



## SIZING GUIDE

We strongly recommend visiting an Antik authorized dealer to assist you in proper sizing of your skates. There is no better way to find your fit than to try the boots on in person. If that option is not available, follow the step by step instructions as a guide to help find your size.

HEEL



FOLD HERE

## INSTRUCTIONS

1. Print this pdf at 100% or "Actual Size" on an 8.5 x 11 inch sized paper
2. Tape two pieces together at dotted line - BE PRECISE
3. Use a ruler to verify printer scale accuracy
4. Fold at dashed line and place against door or wall
5. Step onto the guide with your heel against the door/wall
6. While standing, mark the chart at the longest point of your foot
7. Repeat measurement for the other foot

## BETWEEN SIZES?

### YOU MAY GO UP IN SIZE

- If you have very wide feet
- If you skate casually

### YOU MAY GO DOWN IN SIZE

- If you skate competitively
- If you prefer a snug fit

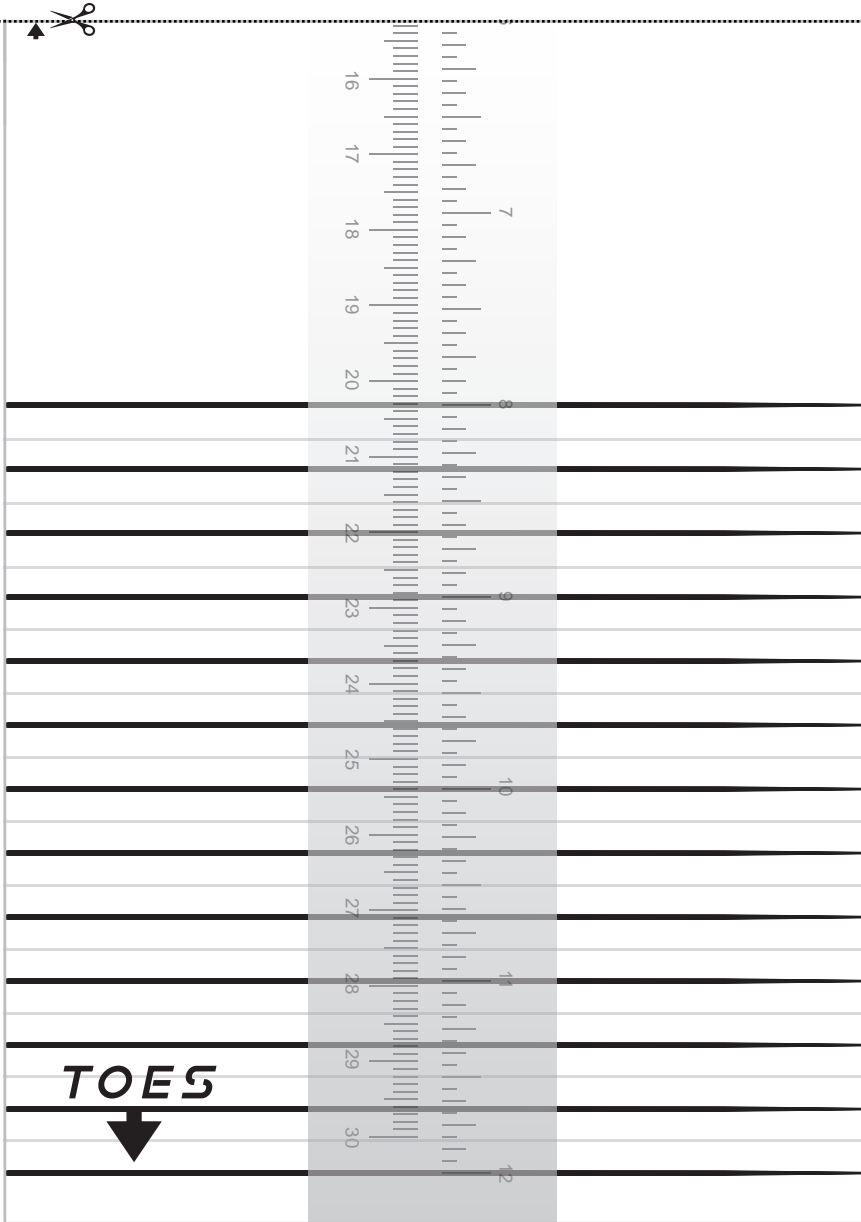
## FEET DIFFERENT SIZES?

- If the difference is a ½ size or less, order the same size for both feet
- If the difference is more than ½ size different, contact an Antik authorized dealer

TAPE HERE

TAPE HERE

CUT HERE



**ANTIK  
SIZE**

- 1
- 1.5
- 2
- 2.5
- 3
- 3.5
- 4
- 4.5
- 5
- 5.5
- 6
- 6.5
- 7
- 7.5
- 8
- 8.5
- 9
- 9.5
- 10
- 10.5
- 11
- 11.5
- 12
- 12.5
- 13

## REMEMBER

- Snug-fitting boots work best for competitive and performance skating
- Too much room at the front of the boot can cause foot to slide, toe pain, numbness and cramping
- Most Antik boots are heat moldable, but should fit well out of the box
- Your toes shouldn't be bent or push hard against the front of the boot
- All feet are unique in shape and it is normal to have some break in period when boots are new
- For the best fit, visit an Antik dealer to be sized and try boots on in person

USE FOR PRINT  
SCALE ACCURACY

